

Study of the Atkins Diet for Epilepsy

Dr. Eric Kossoff at the Johns Hopkins Hospital in Baltimore, Maryland is currently enrolling people with epilepsy who have failed traditional anticonvulsants in a study evaluating a form of the Atkins diet.

Patients need to have frequent seizures, have not tried the ketogenic diet before, and have failed at least two anticonvulsants. Studies are ongoing for both children (ages 3-18) and adults (18 and over) and require four visits over a 6-month period. Visits and labs will be paid for.

For more information and enrollment criteria, please contact either Diana Pillas at 410-955-9100 (dpillas@jhmi.edu) or Dr. Eric Kossoff at 410-614-6054 (ekossoff@jhmi.edu).